

# “THROWING IN THE TOWEL”



**Key Passage:** *So we built the wall and the whole wall was joined together to half its height, for the people had a mind to work. Nehemiah 4:6*

## Causes of Discouragement

---

*Then the people of Judah began to complain, “The workers are getting tired... Nehemiah 4:10a NLT*

*Remember what Amalek did to you along the way when you came out from Egypt, They attacked you when you were exhausted and weary, and they struck down those who were straggling behind. They had no fear of God. Deuteronomy 25:17-18 NLT*

---

*and there is so much rubble to be moved. Nehemiah 4:10b NLT*

---

*We will never be able to build the wall by ourselves. Nehemiah 4:10c NLT*

---

*Meanwhile, our enemies were saying, “Before they know what’s happening, we will swoop down on them and kill them and end their work.” The Jews who lived near the enemy came and told us again and again, “They will come from all directions and attack us!” Nehemiah 4:11-12 NLT*

## God’s Cure for Discouragement

---

*You made me; you created me. Now give me the sense to follow your commands. Psalms 119:73 NLT*

*It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to his loved ones. Psalm 127:2 NLT*

*He gives power to the weak and strength to the powerless. But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint. Isaiah 40:29 & 31 NLT*

---

*So I placed armed guards behind the lowest parts of the wall in the exposed areas. I stationed the people to stand guard by families, armed with swords, spears, and bows. Nehemiah 4:13 NLT*

---

*Then as I looked over the situation, I called together the nobles and the rest of the people and said to them, “Don’t be afraid of the enemy! Remember the Lord, who is great and glorious, Nehemiah 4:14a*

*I lie in the dust; revive me by your word. Psalm 119:25 NLT*

---

*and fight for your brothers, your sons, your daughters, your wives, and your homes!” Nehemiah 4:14b NLT*

*So let’s not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don’t give up. Galatians 6:9 NLT*

*But my life is worth nothing to me unless I use it for finishing the work assigned me by the Lord Jesus—the work of telling others the Good News about the wonderful grace of God. Acts 20:24 NLT*

For any questions on today’s message email: Pastor Robert Van Horn @ [bob@oasisyuma.com](mailto:bob@oasisyuma.com)